



Jody getting ready for his leg wax!

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Fred. Olsen Cruise Lines' employee kick-starts his working week by going hair-free for Cancer Research UK

Fred. Olsen Cruise Lines' employee Jody Sparrow had a painful start to his working week on Monday [11th September 2017], when he endured a leg wax in the Ipswich Head Office on White House Road, Ipswich, to boost funds for Cancer Research UK.

Publications Executive Jody opted for smoother legs in memory of his mother,

Jan, who died of breast cancer in 2003, aged just 49, and he has been overwhelmed by the support he has received from his friends and colleagues so far.

Jody's alternative beauty treatment, together with sponsorship money for his first ever half marathon – the Great East Run in Ipswich, on Sunday 24 September – hit his target and raised a whopping £500 for the cause.

Speaking before his leg wax, Jody said:

“With a target of £500 to achieve, I was throwing a few ideas around with some colleagues one afternoon, when the leg wax came up in conversation. So I thought, “I’ll give that a go...what’s the worst that could happen?” I have no idea what I’m letting myself in for, but there’s no backing out now!

“It’s safe to say I’m not the ‘adrenaline junkie’ type: back in my footballing days, I never really liked getting ‘stuck in’, for fear of getting hurt, although my clumsiness often has other ideas!

“I couldn’t have dreamed it would go so ‘smoothly’, and a huge thank-you to everyone who has donated so far or helped out in any way, shape of form. I am very grateful to my line manager, Polly Foster, for helping out and arranging for her sister, Katie, to come in and do the waxing...although I may not be so grateful afterwards! However, I think this is an appropriate challenge – to go through some pain for such a fantastic cause.”

Brave Jody's leg wax took place in front of an eager audience of his colleagues at Fred. Olsen House. To donate to Jody's JustGiving page, visit <https://fundraise.cancerresearchuk.org/page/jodys-fundraising-page-51>

For further information on Fred. Olsen Cruise Lines, visit the website at www.fredolsencruises.com To find out more about Cancer Research UK, go to <https://www.cancerresearchuk.org/>

Fred. Olsen Cruise Line operates in the UK with four intimately sized ships for a more personal cruising experience.

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