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Feel the love with Fred. Olsen Cruise Lines this Valentine's weekend, with additional £100 saving on new bookings and refer a friend offer

Fred. Olsen Cruise Lines is offering guests looking to sail with them for the first time the chance to save £100 on bookings made on a selection of 2025 cruises this weekend, in celebration of Valentine's Day.

The saving can be enjoyed by new guests - on top of our current spend and save offers - for cruises of five nights or more setting sail in 2025, when using promo code LOVEFRED at the time of booking.

The offer is valid for bookings made between Friday, 14th February and Monday, 17th February inclusive.

In addition, members of Fred. Olsen Cruise Lines' Oceans loyalty scheme who recommend a friend this weekend will also be able to save £100 off a future booking on a 2025 cruise of five nights or more.

Sonia Holman, Director of E-Commerce and Marketing at Fred. Olsen Cruise Lines, said:

“We want all of our guests to feel the love this Valentine’s weekend – whether they are looking to sail with us for the first, fifth or fifteenth time.

“Valentine’s Day is all about making people feel special – but we pride ourselves in making our guests feel special every day. By spreading the love with these savings this weekend, we hope to welcome lots of new guests aboard our ships so they can experience our personalised, attentive service for themselves, while welcoming back many familiar faces too.”

Highlights of Fred. Olsen Cruise Lines 2025 programme, featured in this weekend’s Valentine’s offer, include:

Borealis’14-night S2504 ‘Canaries and Carnivals’ cruise, departing from **Portsmouth on 27th February 2025**. Prices start from £1,499 per person. Save £100 per booking when using promo code LOVEFRED.

- Join in with both the Cádiz Carnival and Tenerife Carnival
- Visit the UNESCO Biosphere Reserve of La Palma
- Wander through the fragrant botanical gardens of Madeira

Itinerary: Portsmouth, UK – Cruise by Tower of Hercules Lighthouse, Spain – La Coruña, Spain – Santa Cruz De Tenerife, Canary Islands – Las Palmas, Canary Islands (overnight port) – Santa Cruz De La Palma, Canary Islands – Funchal, Madeira – Cadiz, Spain – Portsmouth, UK

For more details: Visit [S2504 ‘Canaries and Carnivals’](#)

Bolette’s 21-night T2505 ‘Scenic Vistas and Diverse Cultures of Africa’ cruise,

departing from Cape Town on 1st April 2025. Prices start from £2,999 per person, including flight from London Heathrow to Cape Town. Save £100 per booking when using promo code LOVEFRED.

- Discover Senegalese folklore and tribal cultures
- Explore the remote subtropical island of St Helena
- Visit the vast landscapes of Namib, the world's oldest desert

Itinerary: Cape Town, South Africa (overnight port) – Luderitz, Namibia – Walvis Bay, Namibia – Jamestown, St Helena – Dakar, Senegal – Santa Cruz de la Palma, Spain – Funchal, Portugal – Southampton, UK

For more details: Visit Bolette's [T2505 'Scenic Vistas and Diverse Cultures of Africa'](#) cruise

Balmoral's nine-night L2504B 'Springtime Norwegian Fjords' cruise, departing from Southampton on 1st April 2025. Prices start from £999 per person. Save £100 per booking when using promo code LOVEFRED.

- Explore the breathtaking fjord landscapes of Norway
- Immerse yourself in the outdoor concept of friluftsliv
- Unearth fascinating Norwegian Viking history

Itinerary: Southampton, UK – Vik, Norway – Cruising Sognefjord, Norway – Haugesund, Norway – Cruising Akrafjord and Langfoss Waterfall, Norway – Eidfjord, Norway – Cruise Hardangerfjord, Norway – Cruising Maurangerfjord and Furebergfossen, Norway – Stavanger, Norway – Cruising Lysefjord, Norway – Southampton, UK

For more details: Visit [L2504B 'Springtime Norwegian Fjords'](#)

Bolette's 5-night T2508 'Scenic Scottish Isles in Five Nights' cruise, departing from Liverpool on 2nd May 2025. Prices start from £1,099 per person. Save £100 per booking when using promo code LOVEFRED.

- Explore the rugged coastlines of the Hebridean Islands
- Discover the traditions of the Western Isles
- Spend time spotting marine wildlife out on deck with conservation charity ORCA

Itinerary: Liverpool, United Kingdom – Portree, Ilse of Sky, Scotland (anchor port) – Stornoway, Scotland (anchor port) – Cruising by the Small Isles, Scotland – Cruising by Dutchman’s Cap, Scotland – Cruising by Fingal’s Cave, Scotland – Liverpool, United Kingdom

For more details: Visit [Bolette's 'Scenic Scottish Isles in Five Nights' cruise](#)

Balmoral’s 10-night L2515 ‘Exploring the Land of Fire and Ice’, departing from Rosyth on 10th July 2025. Prices start from £1,399 per person. Save £100 per booking when using promo code LOVEFRED.

- Discover Iceland’s extraordinary glaciers, geysers and waterfalls
- Immerse yourself in Iceland’s wellness culture of hot spring bathing
- Experience whale watching on a tour from *Balmoral*

Itinerary: Rosyth, Scotland – Cruising by Duncansby Sea Stacks, Scotland – Cruising Pentland Firth, Scotland – Cruising by the Needle, Scotland – Cruising by Old Man of Hoy, Scotland – Torshavn, Faroe Islands – Seyðisfjörður, Iceland – Akureyri, Iceland – Ísafjörður, Iceland – Reykjavik, Iceland – Rosyth, Scotland

For more details: Visit [L2515 'Exploring the Land of Fire and Ice'](#)

For further information on Fred. Olsen Cruise Lines visit

www.fredolsencruises.com **Book online, call Reservations on 0800 0355 215 (Monday to Friday 8.30am to 6pm, Saturday 9am to 5pm, Sunday 10am to 4pm), or contact your ABTA travel agent**

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