

Jun 18, 2008 10:21 BST

Get More From Your Cruise with Fred. Olsen's Activity Programmes

The ArtsClub

This eclectic programme of special interests covers far more than just art - and you don't actually have to join a club! It offers a programme that guests can dip in and out of at will. With no pre-booking required, there are talks, lectures, tuition and hands-on sessions (such as wine tasting and watercolour painting) that are often reflected in the shore excursions available. Often the theme will be especially suited to the cruise itinerary - such as antique collecting in the Baltic or wildlife and photography in the Amazon. The range of topics includes comedy, photography, story telling, painting, ballroom dancing, gardens, and mythology - even *The Archers*, where cast members from the popular, long-running Radio 4 soap join the cruise. It's a great way to indulge in a favourite hobby or take up an entirely new one.

Flagship Golf

The Flagship Golf package is designed to allow keen golfers to indulge their hobby during a cruise holiday, while non-golfing partners are free to enjoy the many other attractions of a cruise and join in with the social activity that is part of the package.

Charged at £350 per person in the Mediterranean, Canaries and Baltic and £400 in the Caribbean, Flagship Golf consists of four rounds of golf ashore at hand-picked courses, on-board tuition from a PGA professional, practice sessions on board, end of cruise prize-giving, quizzes and other social activity. Golfers are free to bring their own clubs if they prefer, and the cost of the package includes green fees and transfers between the ship and the courses.

Some of the courses included in the scheme are:- Golf Torrequebarada in Malaga; The Royal Malta Golf Club; Club de Golf de la Coruna; Buena Vista

Golf, Tenerife; The Barbados Golf Club; St Lucia Golf and Country Club; Miklagard Golf in Oslo and Nitvalja Golf Club, Tallinn.

Music

Music is a key ingredient of any cruise - classical recitals, jazz, cabaret, gentle piano playing in the bars, late night sing-alongs, steel bands on deck in the Caribbean - it's all part of the atmosphere. Recognising the importance of music to their guests, Fred. Olsen has introduced some new initiatives, one of the most popular being Music of Your Life on selected cruises - a popular American radio network featuring the Big Band Sound beloved of the "baby boomer" generation, who make up so many of their customers.

Another musical variation is the Kirker Music Festival at Sea (on board two *Black Watch* cruises, BW0905, around the British Isles and BW0918 to the Canary Islands). This special programme will showcase an impressive array of internationally-renowned classical musicians offering a series of concerts - chamber music, piano and song recitals. The concert programme, exclusive to guests who have booked this add-on package, will take place in *Black Watch's* Marina Theatre, although there will be some concerts open to all guests in the Neptune Lounge.

For more information on all Fred. Olsen's special activities on board visit www.fredolsencruises.co.uk

Fred. Olsen Cruise Line operates in the UK with four intimately sized ships for a more personal cruising experience.

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