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Take an 'adult-only' holiday with Fred. Olsen Cruise Lines

For its 2016/17 cruise season, Fred. Olsen Cruise Lines has introduced its first collection of dedicated 'adult-only' holidays, offering a choice of 20 voyages to adult travellers, who must be 18 or over. Guests can experience adventure on an 'Exploring the Fjords of Greenland' cruise, sail the 'German Waterways', or relax in the 'Azores & Madeira'.

Nathan Philpot, Sales and Marketing Director for Fred. Olsen Cruise Lines, said:

"We know that, for many of our guests, a holiday is an escape from everyday

life and routine: this can be finding a quiet space to read a book out on deck, indulging in a few drinks after dinner, or taking an adventurous shore excursion. Therefore, our selection of 'adult-only' voyages has been created to offer those parents and grandparents the chance to enjoy a holiday within a 'grown-up' environment, amongst like-minded people."

Fred. Olsen's 'adult-only' cruises in 2016/17 include:

Black Watch's 15-night W1605 'Sun, Sea & Monaco Grand Prix' cruise, ex Dover on 21st May 2016. Prices start from £1,299 per person, based on two adults sharing a twin-bedded Interior Room, and include accommodation, all meals and entertainment on board, plus port taxes.

Ports of call: Dover, UK – Gibraltar – Barcelona, Spain – Cannes, France – Nice, France – Alicante, Spain – Malaga, Spain – Dover, UK

For the full itinerary and further information, visit:

<http://www.fredolsencruises.com/places-we-visit/cruise-holiday/sun-sea-and-monaco-grand-prix-w1605?referrer=7&isback=1>

Boudicca's 25-night D1609 'Islands of the Adriatic with Venice' cruise, ex Liverpool on 6th June 2016. Prices start from £2,199 per person, based on two adults sharing a twin-bedded Interior Room, and include accommodation, all meals and entertainment on board, plus port taxes.

Ports of call: Liverpool, UK – Gibraltar – Cartagena, Spain – Catania, Sicily – Kerkira, Corfu – *Cruising Bay of Kotor* – Kotor, Montenegro – Hvar, Croatia – *Cruising Laguna Veneta* – Venice, Italy (overnight stay) – *Cruising Laguna Veneta* – Split, Croatia – Valletta, Malta – Malaga, Spain – Cadiz, Spain – Liverpool, UK

For the full itinerary and further information, visit:

<http://www.fredolsencruises.com/places-we-visit/cruise-holiday/islands-of-the-adriatic-with-venice-d1609?referrer=7&isback=1>

Black Watch's 13-night W1608 'Azores & Madeira' cruise, ex Dover on 25th

June 2016. Prices start from £999 per person, based on two adults sharing a twin-bedded Interior Room, and include accommodation, all meals and entertainment on board, plus port taxes.

Ports of call: Dover, UK – Praia da Vitoria, Azores – Ponta Delgada, Azores – Funchal, Madeira – Lisbon, Portugal – Leixoes (for Oporto), Portugal – Dover, UK

For the full itinerary and further information, visit:

<http://www.fredolsencruises.com/places-we-visit/cruise-holiday/portuguese-islands-and-cities-w1608?referrer=7&isback=1>

Black Watch's 26-night W1610 'Arctic Adventure & Exploration' cruise, ex Tilbury on 17th July 2016. Prices start from £4,249 per person, based on two adults sharing a twin-bedded Interior Room, and include accommodation, all meals and entertainment on board, plus port taxes.

Ports of call: *Tilbury, UK - Kristiansund, Norway - Cruising Rørvik - Cruising Torghatten, Norway - Cruising Seven Sisters mountain range - Crossing the Arctic Circle - Cruising Black Glacier - Tromsø, Norway – Honningsvåg (North Cape), Norway – Cruising North Cape, Norway – Cruising Bear Island, Norway – Longyearbyen, Svalbard, Norway – Cruising Tempelfjorden – Barentsburg, Svalbard – Cruising Jan Mayen Island – Akureyri, Iceland – Cruising Drangaskörð – Cruising Eyjafjörður – Cruising Haelavikurbjarg & Hornbjarg – Cruising Látrabjarg – Reykjavik, Iceland (overnight stay) – Cruising Prins Christian Sund – Qaqortoq, Greenland - Narsarsuaq, Greenland – Nanortalik, Greenland – Kirkwall, Orkney Islands – Tilbury, UK*

For the full itinerary and further information, visit:

<http://www.fredolsencruises.com/places-we-visit/cruise-holiday/arctic-explorer-w1610?referrer=7&isback=1>

Fred. Olsen will also be increasing further its range of 'adult-only' holidays in 2017/18, to a total of 26 cruises. These include: *Balmoral's* 13-night 'Discover the Baltic' cruise, ex Southampton on 2nd October 2017; *Boudicca's* eight-night 'Lochs of Scotland' cruise, ex Belfast on 8th May 2017; and *Braemar's* 28-night 'Islands of the Aegean' cruise, ex Southampton on 11th September 2017.

For further information on Fred. Olsen Cruise Lines, visit the website at www.fredolsencruises.com Book online, call Reservations on 0800 0355 242 (Monday to Friday, 8am to 8pm; Saturday, 9am to 5pm; Sunday, 10am to 4pm), or visit an ABTA travel agent.

Fred. Olsen Cruise Line operates in the UK with four intimately sized ships for a more personal cruising experience.

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